



LOS ALTOS HIGH SCHOOL
11TH GRADE
COURSE SELECTION WORKSHEET

LAST NAME	FIRST NAME	M.I.
ID#: _____	CURRENT GRADE: 10	
COUNSELOR NAME: _____		

World Lit Teacher's Name _____ Period _____

HIGHLIGHT YOUR CHOICES BELOW

(aud) = audition required and list below 1-2 alternate electives
 (prereq) = prerequisite required

● = denotes a course recognized by UC as meeting an "a-g" requirement
 + = denotes a course that is given weighted credit by UC (A=5, B=4, C=3)
 * = Semester length course @ = pending UC approval

ENGLISH	MATH	PERFORMING ARTS	SPECIAL EDUCATION
●American Lit. - DC3010	●Algebra I - AC1110	●Chamber Ensemble - JC1250 (aud)	SAI Pre-Alg. - MO1010
●Cul. Identi. & Comm. B (CIC) - DC5155	●Geometry - AC2110	Marching Band - JC1200	SAI Alg. 1.1 - MO1012
●+AP Eng. Lang. - DA2010	●Geometry H - AB2010	●Symphonic Band - JC1230	SAI Alg. 1.2 - MO1013
ELD I Lit. & Oral - GC1010	●Algebra II - AC3010	●Wind Ensemble – JC1240 (aud)	SAI Geometry - MO1014
ELD II Lit. & Oral - GC1020	Algebra II Skills** - AI3100	●Jazz Ensemble - JC1260 (aud)	SAI Health* - MO1080
ELD III & Support - GC1030	**taken with Alg. II for support (elective cr.)	●Orchestra - JC1270	SAI Science I – MO1020
Other - _____	●Algebra II Honors - AB3010	●Chorale - JC1020	SAI Science II – MO1021
	●Trig. Math. Analysis - AC4010	●Concert Choir – JC1030 (aud)	SAI US History - MO1050
	●+Trig. Math. Ana. Honors - AB4010	●Volare - JC1085 (aud)	SAI World Hist. - MO1040
WORLD LANGUAGE	●Calculus - AC5010	●Bel Canto - JC1045 (aud)	SAI CWI* - MO1045
●Spanish I - FC2010	●+AP Calculus AB - AA5010	●Acting I - JC1410	SAI Reading – MO1030
●Spanish II - FC2011	●+AP Calculus BC - AA5011	●Acting II – JC1420 (aud)	SAI English III - MO1033
●Spanish II Honors - FB2012	●+Math. 1C 1D 2B - VC1010 (Foothill)	●Exploring Music - JC1310	SAI Study Skills - MO1120
●Spanish III - FC2013	●Statistics - AC6010	●Jazz Dance - JC1210	SAI Study Skills T - MO1130
●+Spanish III Honors - FB2014	●+AP Statistics - AA6010	●Adv. Jazz Dance – JC1211 (aud)	SAI Life Skills I - MO1140
●+Sp III H for Sp. Speakers - FB2111	Essential Math. Concept - AI2350		Academic Skills - NI1010
●Spanish IV - FC2015		VISUAL ARTS	Learning Skills - MI2000
●+AP Spanish Language - FA2015		●Drawing I - IC1010	Ac. Lang. Acq. - MI1035
●+AP Spanish Lit. - FA2017	SCIENCE	●Drawing II - IC1011	
●French I - FC1010	●Biotech - CC1050	●Drawing III - IC1012	
●French II - FC1011	●Biology - CC1010	●Photography I - IC1210	TED
●French III - FC1012	●Human Biology - CC1020	●Photography II - IC1211	●Intro. Comp. Program. - BC1017
●+French III Honors - FB1013	●Biology Honors - CB1010	●Digital Photo. - IC1220	●Engineering I - BC2020
●+AP French Language - FA1014	●+AP Biology - CA1010	●Painting I - IC1110	●Engineering II - BC2030 (prereq)
●Latin I - FC3010	●Chemistry - CC2010	●+AP Drawing - IA1015	●Innov. Design Essentials - BC2045
●Latin II - FC3011	●Chemistry Honors - CB2010	●+AP 2-D Art and Design - IA1025	●Design & Prototype - BC2040
●Latin III - FC3012	●+AP Chemistry - CA2010	●New Media Literacy - KC1055	●Design & Fabrication - BC2041 (prereq)
●+AP Latin - FC3013	●Physics - CC3010		●ADEN - BC1030 (aud)
●Mandarin Chinese I - FC5010	●+AP Physics 1 - CA3010	SOCIAL STUDIES	●+AP Computer Science - BA1010
●Mandarin Chinese II - FC5011	●+*AP Physics C E&M - CA3042	●US History - EC3010	●Robotics I - BC2060
●Mandarin Chinese III - FC5012	●+*AP Physics C Mech - CA3039	●+AP US History - EA3010	●Robotics II - BC2061
●+Mandarin Chinese IV Honors - FB5014	●Forensics - CC4020 (prereq)	●World Studies SDAIE - EC1011	Culinary Arts I - KC1010
●+AP Chinese Lang. & Culture - FA5013	●Environmental Sci. - CC4010	SOCIAL STUDIES Electives	Culinary Arts II - KC1011
	●+AP Environmental Sci. - CA4010	●*Psychology - EC4310	
HEALTH	●Adv. Sci. Investi. (aud) - CC1060	●+AP Psychology - EA4030	PHYSICAL EDUCATION
*Health - LC1010	●Agroecology - CC1030	Positive Psychology - EC4311	*PE 10-12 - PO1030 & PO1040
		U.S.History ELL - EC3012	●Jazz Dance - JC1210
SPECIAL PROGRAMS	ELECTIVES	●U.S.History SDAIE - EC3011	●Adv. Jazz Dance – JC1211 (aud)
Freestyle Academy - TX1190/TX1200	●AVID Junior - HC0040 (aud)	Civics ELL - EI1030	Marching Band PE - JC1202
Middle College - RX1310	Student Gov't. - OC1020 (aud)	Econ ELL - EI1031	Rally - OO1050 (aud)
College Now! - VN9010	AVID Tutor - HO0070		Competitive Cheer - QO3151 (aud)
<i>Application required. Do not sign up for these at this time.</i>	Peer Tutor - NO1060		Dance Team - OO1060 (aud)
	Supervised Study - NI1030 (aud)		
ATHLETICS	Stu. Com. Leaders - OC1025 (aud)	ALTERNATE TO AUDITION CLASS	Yoga - PO1280
Fall -	●Journalism One - DC5052	List 1-2 alternate electives	
Winter -	●Journalism - DC5051 (aud)	1. _____	OTHER
Spring -	Yearbook - OC1040	2. _____	Not Returning - RX1118

Los Altos High School

This form is to help students select their courses and calculate how they utilize their time each week.

There is a total of 168 hours per week.

Students typically spend 36 hours in classes per week <i>LAHS College Prep courses have an average of 2-3 hours of homework per week;</i> <i>AP and Honor's Courses have an average of 4-5 hours of homework per week.</i>				
	Current course	Fall 2022 Grade	Proposed Course (23-24)	Anticipated Hours of Homework per week
English				
Social Studies				
Math				
Science				
World Language				
Elective				
Elective				
Total Anticipated Homework				

Extra-Curricular Activities	Average Hours per Week
Paid Job	
Hobbies	
Community Service/Volunteer	
Sports	
Music/Performances	
Other	
Total Extra-Curricular Hours	

Daily Living Activities	Average Hours per Week
Sleep (7 days x 9 hours)	
Necessities	
Family Time	
Free Time (friends, TV, video games)	
Other	
Total Daily Living Hours	

Total Hours	
School Hours =	<div style="font-size: 2em; font-weight: bold; margin-bottom: 10px;">168</div> <i>Your total cannot exceed 168 hours.</i>
Extra-Curricular Hours =	
Daily Living Hours =	
Total Hours =	